



Ljepote prirode

OTOK LOŠINJ

Otok Lošinj je poput velikog miomirisnog vrta, okruženog modrim morem. U šetnji otokom, koji obiluje i raznolikim egzotičnim biljem koje su lošinjski pomorci donosili sa svojih putovanja, dišite punim plućima. Uz mirise mora i mediteranskih borova, prepoznajte i mirise kadulje, lavande, smilja i drugog mirisnog bilja. Lošinj je posebno atraktivan u vrijeme cvatnje pojedinih biljaka, poput kadulje (svibanj - srpanj), kada je pravi užitek i za oči šetati uz ljubičasti "tepih" i taj veličanstveni prizor prirode ovjekovječiti fotoaparatom.



© Antena Parade
Grada Lošinja, Lošinj



OTOK LOŠINJ

Doživite Hrvatsku



1 Uvala Čikat; 2 Vožnja biciklima po otoku; 3 Mali Lošinj; 4 Lošinj je poznat kao otok zdravlja i vitalnosti; 5 Via Apsyrtides.

Must visit otočna oaza

Prirodne ljepote i mir, ravnotežu duha i tijela, dozu avanture i sjajan provod... sve ćete to pronaći na Lošinj.

Proljetni i ljetni odmor na otoku Lošinj uvek su sjajna ideja, a posjetiti taj kvarnerski otok vitalnosti i zdravlja u jesenskim i zimskim mjesecima pun je pogodak. Blaga mikroklima, više od 1018 biljnih vrsta (od kojih je čak 239 ljekovitih), iznimna kakvoća i čistoća mora i zraka te 250 km uređenih šetnica koje vrludaju tim otokom kojeg sunce miluje više od 260 dana godišnje dovoljna su pozivnica da Lošinj uvrstite na svoju *must visit* listu destinacija. I posjetite ga u bilo koje godišnje doba. Prirodne blagodati Lošinja prepoznala je davno i elita Austro-ugarske monarhije te otok proglasila klimatskim zdravstvenim lječilištem. Danas je Lošinj poznat kao moderna aromaterapeutska destinacija vitalnosti, zdravlja, *wellnessa* i *wellbeinga*. Ljekovite terapije te wellness i spa tretmani i preparati inspirirani su lošinjskim biljem, a mnogi se od njih provode u

najboljem okruženju - na svježem zraku. Zdravo i mirisno okruženje potaknut će vas na aktivnosti na otvorenom. Planinarite, vozite bicikl, penjite se ili jednostavno šecite otokom i pronađite najbolji vidikovac za spektakularne izlaske i zalaske sunca. U toplijim mjesecima zaplivate tirkiznim morem, ronite, surfajte, jedrite ili se samo izležavajte na plažama. Šljunčane, pješčane, stjenovite... U lošinjskom arhipelagu pronaći ćete ih sve, uključujući i one skrivite. Poželite li odmor upotpuniti uistinu jedinstvenim doživljajem, uputite se na Via Apsyrtides. Ta planinarska transverzala, dužine 150 km, povezuje susjedni otok Cres s otokom Lošinjem, a putem otkriva manje poznate zanimljivosti otocima te brojne prirodne i kulturne atrakcije. Proteže se od najsjevernije točke Cresa (rt Jablanac) do najjužnije točke otoka Ilovika (rt Radovan) u lošinjskom arhipelagu.

Da vam na Lošinj nikad neće biti dosadno potvrđuju i brojna otočna događanja. Festival Losinava - Lošinjskim jedrima oko svijeta (3. - 17.9.) promiče bogatu pomorsku baštinu otoka kroz niz regata, izložbi, radionica, koncerata i prigodnih događanja, a neka od predstojećih događanja u 2022. su i 11. Lošinjski polumaraton (1.10.), Apoksiomen - multisport timska utrka (8. - 9.10.) te Cres & Lošinj Trail Weekend (29. - 30.10.). ♣



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Beauties of Nature

LOŠINJ ISLAND

The island of Lošinj is like a large aromatic garden surrounded by the blue sea. While walking around the island, which is abundant with diverse exotic plants that Lošinj's sailors brought from their journeys, breathe deeply. Along with the scent of the sea and Mediterranean pines, breathe in the aroma of sage, lavender, immortelle, and other aromatic plants. Lošinj is especially attractive when certain plants are in bloom, such as sage (May - July), when it is a true treat for the eyes to walk through a purple "carpet" and eternalize that magnificent image with a camera.



© Antonio Pavlić
Lošinj Tourism Board



LOŠINJ ISLAND Experience Croatia



1 Čikat Bay; 2 Riding bikes on the island; 3 Mali Lošinj; 4 Lošinj is known as an island of health and vitality; 5 Via Apsyrtydes.

A must-visit island oasis

Natural beauty and peace, balanced body and mind, a dose of adventure and great fun to be had... you will find all of that on Lošinj.

Spending spring and summer holidays on the island of Lošinj is always a fantastic idea, and visiting Kvarner's island of vitality and health in the autumn and winter months is a great idea too. A mild microclimate, more than 1018 species of plants (239 of which are medicinal), incredibly clean sea and air, and 250 km of designated paths that meander over the island that the sun caresses more than 260 days a year are enough of an invitation to add Lošinj to your must-visit list of destinations. And then you can visit it at any time of the year. Long ago, the elite of the Austro-Hungarian monarchy recognized the natural treasures Lošinj offers, and they proclaimed the island a climatic health resort. Today, Lošinj is known as a modern aromatherapy destination of vitality, health, wellness, and wellbeing. The medicinal therapy, wellness, and spa treatments and remedies are inspired by Lošinj's plants, and many of the treatments are conducted in the best

possible surroundings - in fresh air. The healthy and aromatic surroundings will inspire you to be more active outdoors. Go for a hike, ride a bike, climb a cliff, or simply walk around the island and find the best possible viewpoint for spectacular sunrises and sunsets. In the warmer months, swim in the turquoise sea, go diving, surfing, sailing, or just lounge on the beaches... Pebble, sandy, rocky... You can find them all in Lošinj's archipelago, along with hidden beaches. If you'd like to enhance your vacation with a truly unique experience, head over to Via Apsyrtydes. The hiking transversal, 150 km in length, connects the neighboring island of Cres to Lošinj, and reveals less-known facts about the islands and many natural and cultural attractions along the way. It stretches from the northernmost point of Cres (Pt. Jablanac) to the southernmost point of the island of Ilovik (Pt. Radovan) in the Lošinj archipelago. The many events on the island guarantee that

you will never be bored on Lošinj. The Losinava Festival - Lošinj's sails around the world (September 3 - 17) promotes the rich maritime heritage of the island through a series of regattas, exhibitions, workshops, concerts, and accompanying events, and some of the other upcoming events in 2022 include the 11th Lošinj Half Marathon (October 1), Apoxyomenos - Multisport team race (October 8 - 9), and the Cres & Lošinj Trail Weekend (October 29 - 30). ❖

